

# Ageing and Older Persons Strategy

## Activity Booklet



# Ageing and Older Persons Strategy

The District is developing a Strategy to support inclusion, accessibility, and wellbeing for older adults. While the focus of the Strategy is for older adults, it will benefit people of all ages.

Early this year, four key strategic directions were identified to help guide the development of policy and action for the Strategy to address:

- Community Life and Social Wellbeing
- Connected Care and Supports
- Mobility, Safety, and Access
- Housing Stability and Ageing in Place



## Project Timeline Overview

**Early 2026**  
Project initiation, early research and engagement, and work planning

**Mid 2026**  
Listen and learn, and identify early goals and actions

**Late 2026 to Early 2027**  
Finalize the Strategy

**Project Completion**  
Council-approved Ageing and Older Persons Strategy

We are here

# Ageing and Older Persons Strategy

## *Help us understand your priorities across the strategic directions*

On the following pages, review each heading and place a "dot" beside priorities that matter most to you.

Did we miss something? Tell us your priority by writing it on a sticky note and adding it to the back of this activity booklet.

Your feedback will help guide the development of goals and actions for the Strategy.



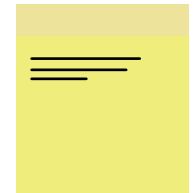
What you will need for the exercise:



Dot stickers



Pen



Sticky notes


**Speak to a staff member  
if you have questions**



## Community Life & Social Wellbeing

Share your priorities - place your dots below

**Improve existing gathering spaces**  
(e.g. upgrades to community centres, seating accessibility, informal drop-in use)



**Create new gathering opportunities in the community**  
(e.g. new plazas, parks)

**Expand programs and activities**  
(e.g. social, cultural, intergenerational volunteer opportunities)

**Increase inclusive and welcoming spaces and programs** (e.g. multilingual, intercultural, targeted outreach)

## Connected Care & Supports

Share your priorities - place your dots below

**Make it easier to find and navigate services**  
(e.g. one-stop info, better referrals)

**Improve coordination between services**  
(e.g. agencies working together, smoother transitions)

**Expand culturally safe and inclusive support services** (e.g. languages access, trauma-informed services)

**Increase outreach to isolated seniors**

## Mobility, Safety & Access

Share your priorities - place your dots below

**Upgrade sidewalks, crossings, and pedestrian safety**  
(e.g. curb cuts, better lighting)

**Improve transit options by working with Translink and other levels of government**  
(e.g. shuttle services, frequent routes)

**Add more seating, rest areas, and weather protection** (e.g. benches and shelters along trails, sidewalks)

**Enhance accessibility and maintenance of public spaces**  
(e.g. ramps, accessible washrooms)

## Housing Stability & Ageing in Place

Share your priorities - place your dots below

**Increase affordable and appropriate housing options** (e.g. right-sized units, rent-subsidy programs)

**Support accessible and adaptable housing design** (e.g. step-free entrances, walk-in showers)

**Expand supportive and non-market housing options**